

# Nourishing Neighborhood Network

Resource Document



# GETTING STARTED

## **G1- Get to Know Your Neighbors**

- No Resources

## **G2- Learn More About A2Zero**

### **Office of Sustainability and Innovations Home Page**

- *Learn about Ann Arbor's sustainability work and programs*
- <https://www.a2gov.org/sustainability-innovations-home/>

### **A2 Carbon Neutrality**

- *Learn about Ann Arbor's carbon neutrality plan and guiding principles.*
- <https://www.a2gov.org/departments/sustainability/Carbon-Neutrality/Pages/default.aspx>

### **A2 Zero Ambassador Program**

- *Get involved with climate and sustainability action in the community! No experience required.*
- <https://www.a2gov.org/departments/sustainability/Sustainability-Me/Families-Individuals/Pages/A2ZERO-Ambassadors.aspx>

### **Get Involved with Neighborhood Sustainability**

- *Discover specific ways you can get involved in enhancing sustainability, resilience, and carbon neutrality in our community*
- <https://www.a2gov.org/sustainability-innovations-home/sustainability-me-for-families-individuals/get-involved/>

# GETTING STARTED

## **Green Energy Neighbors**

- *Check this out if you are interested in hearing from folks who have already made home energy efficiency updates.*
- <https://www.a2gov.org/sustainability-innovations-home/sustainability-me/for-families-individuals/green-energy-neighbors/>

## **G3- Discover Your Neighbor's Gifts and Skills**

### **Nourishing Neighborhood Networks Guide, p. 24.**

- *This page of the NNN guide describes different kinds of skills and ways to share them with your neighbors.*
- <https://drive.google.com/file/d/14M21VmQ9vhBgpuCj23J5mCb4GBHfBxuD/view?usp=sharing>

## **G4- Host a Neighborhood Potluck**

### **Ann Arbor Sustainable Food Programs**

- *Learn about food's connection to climate change and find links to Ann Arbor's Community Cookbook with plant-forward recipes*
- <https://www.a2gov.org/sustainability-innovations-home/sustainability-me/for-families-individuals/sustainable-food-programs/>

# WASTE

## W1 - Organize a Neighborhood Swap Day

### **Ann Arbor Swap Days and Guide**

- *Learn how to bring neighbors together to exchange goods and prevent items from being landfilled*
- <https://www.a2gov.org/sustainability-innovations-home/sustainability-meetings-for-families-individuals/circular-economy/neighborhood-swap-days/>

## W2 - Learn How to Compost

### **Ann Arbor's Compost Program**

- *Find pick-up details and accepted items for curbside pickup*
- <https://www.a2gov.org/trash-recycle-compost/compost/>

## W3 - Create a Resource Log

### **List of Things to Borrow from the Ann Arbor District Libraries**

- *Borrow home tools, games, instruments, and telescopes from the district library!*
- <https://aadl.org/catalog/browse/unusual>

# WASTE

## **W4 - Organize a Neighborhood Fix-It Club**

### **All Hands Active**

- *All Hands Active is a volunteer organization that supports the community through a learning-by-doing method to repair and build different projects.*
- <https://allhandsactive.org/>

## **W5 - Buy in Bulk**

- Shop at local bulk stores such as People's Food Coop, Bring Your Own Container, and By the Pound
- <https://peoplesfood.coop/newsite/>
- <https://www.byocco.com/>

### **Returnable take-out containers**

- *Another way to reduce packaging waste is to participate in the city's reusable container program at participating restaurants*
- <https://zerowaste.org/ann-arbor/returnables>

# FOOD SECURITY

## **F1 - Sharing Foods with Neighbors**

### **Ann Arbor Farmers Market**

- *Use local foods from the Farmers Market to cook and share foods with neighbors.*
- <https://www.a2gov.org/parks-and-recreation/parks-and-places/ann-arbor-farmers-market/>

## **F2 - Visit the Local Farmers Market**

### **Ann Arbor Farmers Market**

- *Visiting the local Farmers Market with your neighbors can be a fun activity to engage with the local economy.*
- <https://www.a2gov.org/parks-and-recreation/parks-and-places/ann-arbor-farmers-market/>
- *Find your nearest farmer or farmers market!*
- <https://www.annarbor.org/foodanddrink/farms-farmers-markets/>

### **Ann Arbor Sustainable Food Programs**

- *Share foods using the link to the Community Cookbook with plant-based recipes.*
- <https://www.a2gov.org/sustainability-innovations-home/sustainability-me-for-families-individuals/sustainable-food-programs/>

# FOOD SECURITY

## **F3 - Host a Harvest Party**

### **Ann Arbor Sustainable Food Programs**

- *Scroll to the end of this page to find three resources for cooking delicious, plant-friendly recipes perfect for a potluck*
- <https://www.a2gov.org/sustainability-innovations-home/sustainability-me-for-families-individuals/sustainable-food-programs/>

## **F4 - Stock Up on Food**

- No Resources

## **F5 - Plant a Garden**

### **Native Plants and Pollinator-Awareness**

- *Learn about how Ann Arbor's native plants can help our pollinators when planting a garden!*
- <https://www.a2gov.org/sustainability-innovations-home/sustainability-natural-resources/natural-features/pollinator-aware-yard-care/>